Contacts

Priest in Charge: Paul Frostick 01424 218126 / 07713 243427 email: paul.frostick@sky.com

Churchwardens: Hooe : Jack Rist 01424 892576 Nicki Murphy 01424 893867 Ninfield: Catriona Owen 01424 225421 after 4.00p.m.

PRAYERS & INTENTIONS

Pray daily for peace and all those who suffer from illness especially Cass Chapman, Tara Waterhouse and Nina Mutter.

R.I.P. Ross Clifton.

This week we pray for all the residents of Standard Hill Close, Ninfield, Church Lane, Hooe and the Ninfield Bowls Club.

In the CTiB cycle of prayer we pray for All Saints Church, Sidley and Ian Edgar and Olivia Werrett

Any items for the Weekly Sheet to Nicki Murphy at nickimurphy3 @sky.com by Wednesday 6p.m. please.

PRAYER David Adam

Blessed are you, Lord our God, for you created order out of chaos and the world out of your love. You offer peace and well-being to all of your creation. Blessed are you, Father, Son and Holy Spirit. We give thanks to you, O Lord, for all who help to bring healing and peace to your world. May the Church be seen as an instrument of your peace and of your love for all peoples. May all who are distressed and disturbed come to know the peace of Christ and his love. We ask your blessing upon all meditation groups and all who help others to live in harmony. Christ, our Lord, grant us your peace. **Amen.**



A warm welcome to everyone, especially any visitors. If you are new to our Churches please introduce yourselves to the sides people on duty. If you need help in any way during your time in church please talk to one of the sides people. Please note that both churches are installed with hearing loops to help those who wear a hearing aid with the T setting.

SERVICES NEXT WEEK

St. Mary's

NO SERVICE

St. Oswald's

Sunday 11.00a.m. ~ Joint Parish Eucharist

Paul & Eileen's BBQ on 13th July. Please sign the form at the back of church if you would like to attend.



He came and sat down under a solitary broom tree. (1 Kings 19:4)

Collect

O God, the strength of all those who put their trust in you, mercifully accept our prayers and, because through the weakness of our mortal nature we can do no good thing without you, grant us the help of your grace, that in the keeping of your commandments we may please you both in will and deed; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

First Reading ~ 1 Kings 19.1-4 [5-7] 8-15a

Ahab told Jezebel all that Elijah had done, and how he had killed all the prophets with the sword. Then Jezebel sent a messenger to Elijah, saying, 'So may the gods do to me, and more also, if I do not make your life like the life of one of them by this time tomorrow.' Then he was afraid; he got up and fled for his life, and came to Beer-sheba, which belongs to Judah; he left his servant there. But he himself went a day's journey into the wilderness and came and sat down under a solitary broom tree. He asked that he might die: 'It is enough; now, O Lord, take away my life, for I am no better than my ancestors.'[Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, 'Get

up and eat.' ⁶He looked, and there at his head was a cake baked on hot stones. and a jar of water. He ate and drank and lay down again. The angel of the Lord came a second time, touched him, and said, 'Get up and eat, otherwise the journey will be too much for you.'] He got up and ate and drank; then he went in the strength of that food for forty days and forty nights to Horeb the mount of God. At that place he came to a cave and spent the night there. Then the word of the Lord came to him, saying, 'What are you doing here, Elijah?' He answered, 'I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.' He said, 'Go out and stand on the mountain before the Lord, for the Lord is about to pass by.' Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind; and after the wind an earthquake, but the Lord was not in the earthquake; and after the earthquake a fire, but the Lord was not in the fire; and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, 'What are you doing here, Elijah?' He answered, 'I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.' Then the Lord said to him, 'Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram.

Second Reading ~ Galatians 3.23-end

Now before faith came, we were imprisoned and guarded under the law until faith would be revealed. Therefore the law was our disciplinarian until Christ came, so that we might be justified by faith. But now that faith has come, we are no longer subject to a disciplinarian, for in Christ Jesus you are all children of God through faith. As many of you as were baptized into Christ have clothed yourselves with Christ. There is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ Jesus. And if you belong to Christ, then you are Abraham's offspring, heirs according to the promise.

Gospel Reading ~ Luke 8.26–39

Then they arrived at the country of the Gerasenes, which is opposite Galilee. As he stepped out on land, a man of the city who had demons met him. For a long time he had worn no clothes, and he did not live in a house but in the tombs. When he saw Jesus, he fell down before him and shouted at the top of his voice, 'What have you to do with me, Jesus, Son of the Most High God? I beg you, do not torment me'-for Jesus had commanded the unclean spirit to come out of the man. (For many times it had seized him; he was kept under guard and bound with chains and shackles, but he would break the bonds and be driven by the demon into the wilds.) Jesus then asked him, 'What is your name?' He said, 'Legion'; for many demons had entered him. They begged him not to order them to go back into the abyss. Now there on the hillside a large herd of swine was feeding; and the demons begged Jesus to let them enter these. So he gave them permission. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned. When the swineherds saw what had happened, they ran off and told it in the city and in the country. Then people came out to see what had happened, and when they came to Jesus, they found the man from whom the demons had gone sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. Those who had seen it told them how the one who had been possessed by demons had been healed. Then all the people of the surrounding country of the Gerasenes asked Jesus to leave them; for they were seized with great fear. So he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but Jesus sent him away, saying, 'Return to your home, and declare how much God has done for you.' So he went away, proclaiming throughout the city how much Jesus had done for him.