



THE PARISHES OF  
**St OSWALD'S HOOE**  
and  
**St. MARY'S NINFIELD**  
**WEEKLY SHEET ~ 12th August 2018**  
www.ninfield.org.uk



THE CHURCH  
OF ENGLAND

*A warm welcome to everyone, especially any visitors.*

*If you are new to our Churches please introduce yourselves to the sides people on duty. If you need help in any way during your time in church please talk to one of the sides people.*

*Please note that both churches are installed with hearing loops to help those who wear a hearing aid with the T setting.*

**SERVICES NEXT WEEK**

***St. Mary's***

**Wednesday 10am ~ No Service**

**Sunday 9.30am ~ Family Eucharist**

***St Oswald's***

**Sunday 11am ~ Parish Eucharist**

**From the Diary**

**Thursday 16<sup>th</sup> August ~ Hooe History Group Outing.**

Fossil Walk along Pett Level Beach, nr. Hastings.

Meet at 7.00pm at the Smugglers Inn car park.

**Saturday 18<sup>th</sup> August ~ Ninfield Horticultural Society**

Summer Show. 2.30pm Ninfield Memorial Hall.

**In the next month or so.....**

**Saturday 15<sup>th</sup> September ~ "Quiz Night the Musical".** (A show not a musical!) Tickets £8.50 including a light supper.

**Saturday 27<sup>th</sup> October ~ Ninfield Gala Night, including the Village Awards.** Tickets £13.50 including a fish and chip supper.

**Book both shows for £20**

**The Collect**

O God, you declare your almighty power most chiefly in showing mercy and pity: mercifully grant to us such a measure of your grace, that we, running the way of your commandments, may receive your gracious promises, and be made partakers of your heavenly treasure; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

**First Reading 1 Kings 19.4-8**

4 But he himself went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: 'It is enough; now, O Lord, take away my life, for I am no better than my ancestors.' 5 Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, 'Get up and eat.' 6 He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. 7 The angel of the Lord came a second time, touched him, and said, 'Get up and eat, otherwise the journey will be too much for you.' 8 He got up, and ate and drank; then he went in the strength of that food for forty days and forty nights to Horeb the mount of God.

**Second Reading Ephesians 4.25-5.2**

25 So then, putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. 26 Be angry but do not sin; do not let the sun go down on your anger, 27 and do not make room for the devil. 28 Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. 29 Let no evil talk

come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. 30 And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. 31 Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, 32 and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you. 5: 1 Therefore be imitators of God, as beloved children, 2 and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

### **Gospel Reading John 6.35, 41-51**

35 Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty. 41 Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.' 42 They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?' 43 Jesus answered them, 'Do not complain among yourselves. 44 No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. 45 It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me. 46 Not that anyone has seen the Father except the one who is from God; he has seen the Father. 47 Very truly, I tell you, whoever believes has eternal life. 48 I am the bread of life. 49 Your ancestors ate the manna in the wilderness, and they died. 50 This is the bread that comes down from heaven, so that one may eat of it and not die. 51 I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

**Contacts:**

*Priest in Charge:* Rev Paul Frostick ☎ 01424 218126 / 07713243427

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*Churchwardens:* Hooe~ Mr Jack Rist ☎892576 Mr Pattisson ☎845087

Ninfield ~ Mr Phil Ringrose ☎892792 Mrs Catriona Owen ☎225421

**PRAYERS & INTENTIONS**

*Pray daily for peace and all those who suffer from illness especially*

Hope Green, Peter Green, Donna Morris, Aubrey Yull,

Donald Cornford, Amy Ballard,

John Proctor and Mary Collings.

This week we pray for residents of Potmans Lane, Ninfield,  
Church Lane, Hooe and The Stoolball Club.

In our CTiB cycle of prayer we pray for  
Beulah Baptist Church and Rev David Lockwood.

**St Mary's and St Oswald's Opening Times:**

**Where possible St Mary's will be open from:**

**9am – 3pm Monday - Thursday**

**Wednesday 10 a.m. - Only when there is a Holy Communion Service.**

**St Mary's is closed on Fridays, Saturdays & after the Sunday service.**

**St Oswald's is open from 9am to 5pm every day.**

**Prayer By David Adam**

Blessed are you, Lord our  
God, for you provided for  
your children.

In the wilderness of this world  
you give us the bread of life.

Lord, grant, as we journey  
towards the Promised Land,  
that we may put our hope and  
our trust in you.

Blessed are you, Father, Son  
and Holy Spirit. **Amen.**

**Any items for the  
Weekly Sheet**

to Sally Bobin

sallypod@hotmail.co.uk

and Sally Parry

sparrygb@gmail.com

By Wednesday 6pm please.

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**Please put any used stamps  
in the box at the back of  
St Mary's. Collecting for  
Eastbourne DGH.**

**Thank you.**